



St Helens College



University Centre
St Helens

Nursery Childcare Procedure

Safe Activity and Energetic Play



NURSERY CHILDCARE PROCEDURE - SAFE ACTIVITY AND ENERGETIC PLAY

STATEMENT

The setting promotes energetic play and gives all children the opportunity, on a regular basis, to enjoy energetic activity both indoors and outdoors and believes in the importance it has in promoting the feelings of well-being. Outdoor play provides an environment that responds to individual learning styles. Active play complements and enhances all aspects of children's development and learning through its physical and open-ended nature.

Children will have opportunity to:

- Enjoy regular outdoor activity including energetic, physical play throughout the seasons.
- Investigate and experiment with a variety of natural resources.
- Make discoveries using senses.
- Learn about personal safety and boundaries within the setting.

1.6. Practitioners must consider the individual needs, interests, and stage of development of each child in their care, and must use this information to plan a challenging and enjoyable experience for each child in all of the areas of learning and development. Practitioners working with the youngest children are expected to focus strongly on the three prime areas, which are the basis for successful learning in the other four specific areas. The three prime areas reflect the key skills and capacities all children need to develop and learn effectively, and become ready for school. It is expected that the balance will shift towards a more equal focus on all areas of learning as children grow in confidence and ability within the three prime areas. But throughout the early years, if a child's progress in any prime area gives cause for concern, practitioners must discuss this with the child's parents and/or carers and agree how to support the child. Practitioners must consider whether a child may have a special educational need or disability which requires specialist support. They should link with, and help families to access, relevant services from other agencies as appropriate.

Statutory Framework for the Early Years Foundation Stage March 2017

PROCEDURE

Staff will ensure that:

The outdoor area is adequate, safe and secure, and a daily risk assessment is carried out.

- They model positive attitude to energetic play indoors and outdoors.

Revised May 2014

Revised May 2018

- They interact with the children to extend their learning, and strive to provide age appropriate challenges.
- A range of resources and toys to allow for active play are provided.
- Play allows children to make choices and explore their environment safely.
- All energetic physical activities are supervised at all times.

Parents must ensure that:

- Children are dressed appropriately for all weather conditions.
- They provide their child with spare clothes.

COVID 19

Due to the implications of covid 19 some protocols stated within this policy will be adapted until further notice:

- Parents will be reminded that due to windows and doors being open continuously, children will need to be dressed in warm suitable clothing
- Parents are encouraged to leave children's bags on pegs and not to take home daily. Staff will inform parents when they need to replenish spare clothes.