



St Helens College



Adult Course Guide

January 2025



NEW YEAR



NEW GOALS

Professional Qualifications • Short Courses
Online Learning • English, Maths and ESOL
Apprenticeships • Higher Education
Pre-Employment Courses

✔ New Year ✔ New Goals!

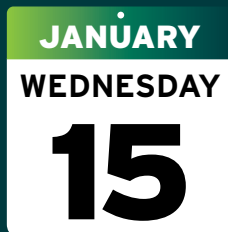
Whether you are looking to start a fun new hobby, brush up on some essential key skills, or are focused on developing your career, we have lots of courses starting in the next few months to choose from, whatever your goal!

Worried about balancing study with personal commitments? We offer online learning and part-time study options, with evening classes available.

Many of our courses could be free too, depending on your eligibility!

Adult Enrolment Event

Find out more about our courses, chat to our tutors, and enrol!



4pm - 7pm

Visit our websites to book on to the Enrolment Event:

www.sthelens.ac.uk/adults-enrol | www.knowsleycollege.ac.uk/adults-enrol

Contents

Financial Support ③

Hobbies and Tasters

Art and Design ④

Floristry ④

Colours Cookery ⑤

Construction ⑤

Skills for Work and Life

Pre-Employment ⑥

Digital Skills ⑥

Wellbeing ⑥

King's Trust ⑥

ESOL ⑦

English and Maths ⑦

Career Growth and Development

Access to Higher Education ⑧

Accounting ⑨

Beauty Therapy ⑨

Construction - Green Technology ⑩

Dog Grooming ⑩

Early Years, Teaching and ⑪

Healthcare

Rail Engineering ⑫

Online Learning ⑬

Apprenticeships ⑭

Waterside Training ⑮

University Centre St Helens ⑮



Financial Support

Don't let the cost of learning put you off studying!

We have lots of financial support options available to help you return to study.

Course Funding

Many of our adult students study for free! Depending on your circumstances, you may be entitled to course funding.

Advanced Learner Loan - Study Now, Pay Later!

If you are aged 19+, an Advanced Learner Loan could help cover your course fees for a level 3, 4, 5 or 6 qualification.*

- ✓ No credit check
- ✓ Not dependent on income or employment status
- ✓ No repayments until the April after your course finishes and you earn over £25,000 per year

*Terms, conditions and exclusions apply.

Paying For Your Course

If you have to pay course fees, we offer flexibility such as interest free instalments, or your employer may be willing to pay.

Student Bursary

Our bursary can help with the cost of studying, such as:

-  Travel
-  Course Costs
-  IT Support
-  College Meals
-  Childcare

Student Benefits

All of our students benefit from:

- ✓ Student Discounts
- ✓ Free Breakfast
- ✓ Microsoft Office Package

Hobbies and Tasters

Develop a new skill, start a hobby, or simply invest time in yourself with a short course!



You may be eligible for funding and your course may be free if you are unemployed, or it's £30 if you are in employment. If you have previously completed similar funded training, the full cost price will apply.

ART AND DESIGN				▶ Duration: 8 weeks
Course Title	Start Date	Day(s)	Time(s)	Campus
Introduction to Sewing	W/C 20/01/2025	Mon, Tues or Thur	5.00pm - 7.00pm or 7.00pm - 9.00pm	SC
Introduction to Ceramics	W/C 20/01/2025	Mon, Tues or Thur	6.30pm - 8.30pm	SC
Introduction to Photography	W/C 20/01/2025	Mon or Tues	6.30pm - 8.30pm	SC
Introduction to Drawing and Painting	21/01/2025	Tues	6.00pm - 8.00pm	SC
Introduction to Jewellery Making	W/C 20/01/2025	Tues or Thur	5.00pm - 7.00pm or 7.00pm - 9.00pm	SC
Full Cost Price: £180				

Our short art courses are extremely popular but don't worry, they run each term with another set of courses starting from March 2025.

[Visit our website to apply online!](#)

FLORISTRY				▶ Duration: 1 day
Course Title	Start Date	Day(s)	Time(s)	Campus
Christmas Arrangements Workshop	03/12/2024	Tues	6.00pm - 9.00pm	KC
Christmas Arrangements Workshop	05/12/2024	Thur	6.00pm - 9.00pm	SC
Christmas Table Centres Workshop	10/12/2024	Tues	6.00pm - 9.00pm	KC
Christmas Table Centres Workshop	12/12/2024	Thur	6.00pm - 9.00pm	SC
Mother's Day Designs Workshop	27/03/2025	Thur	6.00pm - 9.00pm	SC
Spring Wreaths Workshop	03/04/2025	Thur	6.00pm - 9.00pm	SC
Full Cost Price: £40				



Dan and Jess
Introduction to Ceramics

👰 We recently got married and were looking for a hands-on creative fix after missing all the crafty wedding prep! We loved the course - especially seeing our creations after they had been fired and glazed. It was the perfect balance of fun and challenge with great support from the tutor and technicians. We genuinely looked forward to the class each week and it has sparked our interest to learn something new! 💡



We offer a wider range of Colours Cookery courses with limited spaces.

Visit our website to apply online!



COLOURS COOKERY

► Duration: 4 weeks

Course Title	Start Date	Day(s)	Time(s)	Campus
A Taste of the Americas	04/02/2025	Tues	6.00pm - 9.00pm	KC
Larder Preparation	11/03/2025	Tues	6.00pm - 9.00pm	SC
Pastry and Biscuits	29/04/2025	Tues	6.00pm - 9.00pm	SC
A Taste of Italy	01/05/2025	Thur	6.00pm - 9.00pm	SC
A Taste of Mexico	03/06/2025	Tues	6.00pm - 9.00pm	KC
Stocks, Soups and Sauces	03/06/2025	Tues	6.00pm - 9.00pm	SC

Full Cost Price: £120



Interested in learning the skills to groom your own dog?

Take a look at our courses on page 10.

Wine Tasting Masterclass



Perfect for beginners through to enthusiasts, this course offers a fresh take on the world of wine!

Full Cost Course: **£140**

Book and Pay Online:
sales.sthelens.ac.uk

CONSTRUCTION

► Duration: 3 weeks

Course Title	Start Date	Day(s)	Time(s)	Campus
Introduction to Plumbing	25/02/2025	Tues	6.00pm - 9.00pm	GE
Introduction to Electrical	04/03/2025	Tues	6.00pm - 9.00pm	ST
Introduction to Painting and Decorating	tbc	Tues	6.00pm - 9.00pm	ST

Full Cost Price: £100

KEY:

- SC** St Helens Town Centre Campus
- KC** Knowsley Main Campus
- ST** St Helens STEM Centre Campus
- GE** Green Energy Skills Centre

Skills for Work and Life

Gain essential skills to become work ready and to improve your daily life and wellbeing!

WorkWorld

Our WorkWorld Team specialise in delivering short courses which are FREE to those who are eligible, have various start dates throughout the year and can help you progress into work or onto further learning.

PRE-EMPLOYMENT

Course Title	Duration
Employability Skills (Level 1)	3 days
Health and Safety Awareness (Level 1)	2 days
Preparing to Work in Business Administration (Level 1)	1 week
Preparing to Work in Customer Service (Level 1)	1 week
Preparing to Work in Early Years (Level 1)	2 weeks
Preparing to Work in Facilities and Cleaning (Level 1)	1 week
Preparing to Work in Health and Social Care (Level 1)	1 week
Preparing to Work in Hospitality (Level 1)	1 week
Preparing to Work in Retail (Level 1)	1 week
Preparing to Work in Warehousing and Storage (Level 1)	1 week

DIGITAL SKILLS

Course Title	Duration
Know IT Digital Skills (Beginners)	3 half days
Essential Digital Skills (Entry Level 3)	15 weeks
Digital and IT Skills (Level 1)	18 weeks
Digital and IT Skills (Level 2)	36 weeks

WELLBEING

Course Title	Duration
Health and Wellbeing (Beginners)	3 half days
Building Your Confidence (Entry Level 2)	1 week
Improving Your Confidence (Entry Level 3)	1 week
Mental Health Awareness (Level 1)	3 days

Enrol at: **SC** St Helens Town Centre Campus **KC** Knowsley Main Campus

KING'S TRUST TEAM PROGRAMME

Improve your confidence, build your skills, gain work experience and achieve a nationally recognised qualification!

The 12-week programme is **FREE** to anyone aged 16-25 and delivered by Merseyside Fire and Rescue Service on the following dates:  **Monday 13th January 2025**  **Monday 5th May 2025**



DELIVERY PARTNER



To find out more call **0151 296 6466** or email youthengagementteam@merseyfire.gov.uk



Our ESOL courses can help you if English is your second language and you are living or planning to settle in the UK.

ESOL	
Course Title	Duration
English for Speakers of Other Languages	20 weeks
Maths for Speakers of Other Languages	20 weeks



Complete our short enquiry form and we'll be in touch!



ENGLISH AND MATHS	
Course Title	Duration
Writing for Wellbeing	4 weeks
Know Your Numbers - Improving Your Budgeting	4 weeks
Functional Skills English (Entry Level, Level 1 or Level 2)	20 weeks
Functional Skills Maths (Entry Level, Level 1 or Level 2)	20 weeks
GCSE English	17 weeks
GCSE Maths	17 weeks

From helping your children with their homework and managing your household budget, to progressing in your career or education, our courses can help you whatever your goals!

Enrol at:

SC St Helens Town Centre Campus

KC Knowsley Main Campus



Michael

GCSE Maths and English and Level 2 Digital and IT Skills

“ In 2013, I was diagnosed with Myasthenia Gravis (MG), a rare and incurable neuromuscular disease. Having worked since I was 18, it was a shock to suddenly become house-bound and my physical and mental wellbeing declined significantly. When I was finally able to mobilise, I decided to do something about my mental health, and exercise my brain. The teaching methods and the friendly, accessible environment were excellent. I also became a Student Governor and I am proud that I was able to provide a different perspective on student life at college. I now apply my new found skills and confidence to volunteer my time to help others' wellbeing.”

Career Growth and Development

Advance your career, acquire new skills or begin an exciting new journey with a professional course!

ACCESS TO HIGHER EDUCATION

Want to study a degree but don't have the entry qualifications?

Our one-year Access to HE Diplomas are designed to help you gain the skills and qualifications you need to progress on to a university-level course.



Helene

Pre-Access Skills for Further Study and Access to HE Diploma: Health Professionals

Now studying a Nursing Degree at Edge Hill University

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Pre-Access Skills for Further Study	22/01/2025	Weds	9.30am - 2.00pm	17 weeks	£201	✓	✗	SC
Access to HE Diploma - Health Professionals	Flexible	Flexible	Flexible	36 weeks	£5,040	✗	19+	
Access to HE Diploma - Psychology	Flexible	Flexible	Flexible	36 weeks	£5,040	✗	19+	
Access to HE Diploma - Social Work	Flexible	Flexible	Flexible	36 weeks	£5,040	✗	19+	

Study online around personal commitments and at your own pace!



STUDY NOW, PAY LATER.

19+ Advanced Learner Loan

An Advanced Learner Loan can cover the fees for an Access to HE course. If you then successfully complete a degree, you don't have to repay the outstanding loan for the Access to HE course. See page 3 for more information.

ACCOUNTING

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 3 AAT Diploma in Accounting	06/01/2025	Mon & Thur	6.00pm - 9.00pm	1 year	£2,573	✓	19+	SC
Level 3 AAT Diploma in Accounting	07/01/2025	Tues	9.30am - 4.30pm	1 year	£2,573	✓	19+	SC
Level 3 AAT Diploma in Accounting	05/03/2025	Weds & Thur	6.00pm - 9.00pm	1 year	£2,573	✓	19+	KC
Level 2 AAT Certificate in Accounting	31/03/2025	Mon & Thur	6.00pm - 9.00pm	1 year	£765	✓	✗	SC
Level 2 AAT Certificate in Accounting	03/04/2025	Thur	9.30am - 4.30pm	1 year	£765	✓	✗	SC



Marcus

Level 2 AAT Certificate in Accounting and Level 3 AAT Diploma in Accounting


“I decided I wanted a complete career change and chose AAT as my mum had also completed this at the college. I enjoyed the course immensely. My tutor was so patient and ensured everyone understood each topic. The class was always interesting too, learning alongside students from a range of ages and backgrounds. Since completing the course, I have gained a full-time position as a Purchase Ledger Clerk and have already progressed on to the level 3 course at the college. I now have a career that I enjoy with vast progression and development opportunities.”

BEAUTY THERAPY

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 4 Certificate in Skin Needling	13/01/2025	Mon	1.00pm - 8.00pm	18 weeks	£941	✗	✗	SC
Level 4 Certificate in Skin Peeling	13/01/2025	Mon	1.00pm - 8.00pm	18 weeks	£941	✗	✗	SC

KEY:

* This course may be free dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

19+ Advanced Learner Loan  Online Course **SC** St Helens Town Centre Campus **KC** Knowsley Main Campus

CONSTRUCTION - GREEN TECHNOLOGY



We specialise in upskilling industry professionals and training future engineers in green technologies at our state-of-the-art campuses.

STEM Centre Campus:

- Level 3 Award in Small Scale Solar Photovoltaic Systems
- Level 3 Award in Electric Vehicle Charging Installations
- Level 3 Award in Understanding Domestic Retrofit

Green Energy Skills Centre:

- Level 3 Award in Air Source Heat Pump Systems



Funding may be available.

Find out more and register your interest!



www.sthelens.ac.uk/green

DOG GROOMING

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Advanced Dog Grooming (Fast Track)	13/01/2025	Mon	9.30am - 4.30pm	6 weeks	£650	✗	✗	ST
Preliminary Dog Grooming (Fast Track)	03/03/2025	Mon	9.30am - 4.30pm	6 weeks	£650	✗	✗	ST
Advanced Dog Grooming	18/03/2025	Tues	6.00pm - 9.00pm	11 weeks	£650	✗	✗	ST
Preliminary Dog Grooming	19/03/2025	Weds	1.30pm - 4.30pm	11 weeks	£650	✗	✗	ST
Preliminary Dog Grooming	19/03/2025	Weds	6.00pm - 9.00pm	11 weeks	£650	✗	✗	ST
Advanced Dog Grooming	20/03/2025	Thur	9.30am - 12.30pm	11 weeks	£650	✗	✗	ST
Advanced Dog Grooming (Fast Track)	12/05/2025	Mon	9.30am - 4.30pm	6 weeks	£650	✗	✗	ST

EARLY YEARS, TEACHING AND HEALTHCARE

Our work-based courses are delivered and assessed in the workplace. You will need to be in paid employment or have a volunteer placement within an appropriate workplace for your chosen course.

Course Title	Duration	Fee	Funding*	Loans Available
Early Years				
Level 3 Diploma for Working in the Early Years Sector (Early Years Educator)	1 year	tbc	✓	19+
Level 4 Certificate for the Early Years Advanced Practitioner	1 year	£811	✗	19+
Teaching and Education				
Level 2 Certificate in Supporting Teaching and Learning	1 year	£675	✓	✗
Level 3 Diploma in Supporting Teaching and Learning	1 year	£2,225	✓	19+
Level 4 Certificate for the Advanced Practitioner in Schools and Colleges	1 year	£811	✗	19+
Level 3 Certificate in Assessing Vocational Achievement (CAVA)	9 months	£811	✓	✗
Health and Social Care				
Level 2 Diploma in Care	1 year	£921	✓	✗
Level 3 Diploma in Adult Care	1 year	£2,882	✓	19+
Level 3 Diploma for Residential Childcare	1 year	£2,882	✓	✗
Level 4 Diploma in Adult Care	1 year	£2,882	✗	19+
Level 5 Diploma in Leadership and Management for Adult Care	2 years	£4,670	✗	19+
Level 5 Diploma in Leadership and Management for Residential Childcare	2 years	£2,882	✗	19+
Level 5 Diploma in Leadership for Health and Social Care and Children's Services	2 years	£2,882	✗	19+

KEY:

* This course may be free dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

19+ Advanced Learner Loan **ST** St Helens STEM Centre Campus



Elizabeth

Level 3 Supporting Teaching and Learning

“This course and the placement I completed alongside it has been life changing, giving me the qualification, knowledge and practical skills I needed to work in the sector. After completing the course, I gained a role as a Senior Learning Support Worker, helping to teach English to children from other countries, across local schools. As a mum to four young children, I was nervous about going back into learning and finding work but it has shown me that you can achieve anything if you put your mind to it.”



RAIL ENGINEERING

Our FREE* 8-week course will provide you with the qualifications, skills and practical experience to work as a rail track operative!

On successful completion of the course, you will be sponsored by a rail employer, who may offer employment.

The course starts on the following dates at our STEM Centre Campus **ST** :

- Monday 27th January 2025
- Monday 24th March 2025
- Tuesday 6th May 2025
- Monday 16th June 2025



Interested? Find out more and apply online!



www.sthelens.ac.uk/rail



Many of our courses are FREE for eligible students or can be funded by an Advanced Learner Loan! Look at our course listings to see if funding is available for your chosen course, and our team will carry out a simple fee assessment at enrolment.

DISCLAIMER

Course/tuition fees advertised reflect the total cost. This excludes fees where 'per year' is stipulated. Additional course costs including, for example, exam and/or membership fees, may also apply. These course listings were accurate and correct at the time of publication in October 2024. However, slight variations may occur. St Helens College and Knowsley Community College reserves the right to amend, withdraw and add courses in the future. This guide cannot be considered contractual and advertised prices and funding are subject to change.



Some programmes may be funded by the Liverpool City Region Combined Authority's Adult Education Budget, subject to eligibility checks.

Online Learning Courses



STUDY WHEN AND WHERE YOU WANT!

Unlock career progression, secure a new job role, or simply deepen your knowledge.

Choose from over 30 different level 2 and 3 courses, across:

- Business and Leadership
- Counselling and Mental Health
- Children's Health and Wellbeing
- Health and Social Care

Why choose online learning?

- ✓ Start at any time throughout the year
- ✓ Learn at your own pace
- ✓ Tutor support by phone, email and Microsoft Teams
- ✓ Access to our campus libraries
- ✓ Achieve a recognised qualification



Level 2 courses are free for eligible learners and Level 3 courses can be funded through an Advanced Learner Loan!



Samantha

Level 2 Mental Health Awareness

“The course was really informative, easy to access and fitted in around a busy family life. I progressed on to a level 3 mental health course, went on to become a Mental Health Support Worker in a hospital and I am now studying for a degree. If it wasn't for this online course, I wouldn't be where I am now. I managed to build a career and achieve all my goals in just 12 months!”



Choose your course, apply online and our team will be in touch! →



www.sthelens.ac.uk/online

Advance Your Career With An Apprenticeship

Are you looking for a career change or are you already employed and wanting to upskill?

We offer apprenticeships from level 2 intermediate through to postgraduate (level 7) across a wide range of industries.

- Animal Care
- Automotive and HGV
- Business and Professional
- Construction
- Early Years and Education
- Engineering
- Healthcare
- Marketing
- Science
- Warehousing

Benefits of an apprenticeship:

- ✓ No learning costs, debt or student finance
- ✓ Achieve a nationally recognised qualification
- ✓ Receive employee benefits such as a pension and annual leave
- ✓ Develop skills, knowledge and experience aligned to the next step in your career



Robert
Level 3 Machining Technician
Apprentice at Sanko Gosei

“ After working as a Production Operator since I was 18, my employer gave me the opportunity to upskill to an Apprentice Toolmaker. The apprenticeship has benefitted me massively. Not only have I developed many new skills, it has given me the pleasure of having a great career path. The combination of hands-on work and problem-solving is what I enjoy most about my work. It’s never too late to start an apprenticeship, whatever your age! ”





Waterside Training is a specialist engineering training provider based in St Helens, with over 60 years success in delivering high quality apprenticeships and technical training to employers across the country.

Their technical courses have start dates throughout the year and focus on upskilling and cross skillng employees and can be tailored to suit company requirements.

Course Title	Duration	Fee*
Electrical Maintenance	10 days	£1,850
18th Edition Wiring Regulations	3 days	£495
PLC Training	2 days	£620
Mechanical Maintenance	5 days	£975
Motor Control and Basic Automation	5 days	£975

* All courses subject to VAT

Take a look at start dates
and find out how to book!



01744 616837 info@waterside-training.co.uk



University Centre
St Helens

Study a degree in the heart of St Helens.

Smaller Class Sizes | Lower
Tuition Fees | Incredible Facilities



Applications are open for September 2025!

- Applied Microbiology
- Criminal Justice
- Early Years
- Engineering
- Exercise, Health and Fitness
- Fine Art Painting
- Game Art
- Graphic Design
- Media Production
- Teacher Training
- Theatre and Performance



Scan the QR
code to explore our
degrees and apply!



- Applied Science
- Animal Care
- Business
- Construction
- Counselling and Applied Psychology
- Leadership and Management
- Sports and Exercise Science

University Partners and Awarding Body:



Adult Enrolment Event

BOOK TO ENROL

JANUARY

WEDNESDAY

15

4pm - 7pm

Visit our websites to book on to the Enrolment Event:

St Helens College



www.sthelens.ac.uk/adults-enrol

Knowsley Community College



www.knowsleycollege.ac.uk/adults-enrol

WHERE SHOULD I ENROL?

- For all courses delivered at **KC** enrol at: Knowsley Main Campus, Stockbridge Lane, Huyton, L36 3SD.
- For all courses delivered at **SC** enrol at: St Helens Town Centre Campus, Water Street, WA10 1PP.
- For all courses delivered at **ST** **GE** enrol at: St Helens STEM Centre, Pocket Nook Street, WA9 1TT.



St Helens College

enquire@sthelens.ac.uk
0800 99 66 99



info@knowsleycollege.ac.uk
0151 477 5850