



St Helens College



Adult Course Guide

January 2026

- ✓ Professional Qualifications
- ✓ Short Courses
- ✓ Hybrid Learning
- ✓ English, Maths and ESOL
- ✓ Pre-Employment Courses
- ✓ Apprenticeships
- ✓ Higher Education



NEW YEAR NEW GOALS

New Year, New Goals.

Are you looking to start an exciting new hobby, gain essential skills to become work ready, or develop your career?



We have lots of courses to choose from, whatever your goal!



Worried about balancing studying with personal commitments? We offer **hybrid learning** and **part-time study options**, with **evening classes** available.



Find out how to enrol on the back page of this guide!

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New Year • New Hobbies • New Skills • New Career • New Goals

Financial Support

Don't let the cost of learning put you off studying! We have lots of financial support options available to help you return to study.



COURSE FUNDING

Many of our adult students study for free! Depending on your circumstances, you may be entitled to course funding.



PAYING FOR YOUR COURSE

If you have to pay course fees, we offer flexibility such as interest-free instalments, or your employer may be willing to pay.



STUDENT BENEFITS

All of our students benefit from:

- Student Discounts
- Free Breakfast
- Microsoft Office Package

ADVANCED LEARNER LOAN - STUDY NOW, PAY LATER!

19+

If you are aged 19+, an Advanced Learner Loan could help cover your course fees for a level 3, 4, 5 or 6 qualification.*

- ✓ No credit check
- ✓ Not dependent on income or employment status
- ✓ No repayments until the April after your course finishes and you earn over £25,000 per year

*Terms, conditions and exclusions apply.



STUDENT BURSARY

Our bursary can help with the cost of studying, such as:

- Travel
- Course Costs
- IT Support
- College Meals
- Childcare

Hobbies and Tasters

Develop a new skill, start a hobby, or simply invest time in yourself with a short course!

Our short courses may be free or partly funded. Look for the asterisk (*) in our course listings.

ART AND DESIGN ▶ Duration: 8 weeks

Course Title	Start Date	Day(s)	Time(s)	Campus
Drawing and Painting	20/01/2026	Tues	6.00pm - 8.00pm	SC
Jewellery Making	20/01/2026	Tues	6.00pm - 8.00pm	
Photography	22/01/2026	Thur	6.00pm - 8.00pm	
Ceramics	28/04/2026	Tues	6.00pm - 8.00pm	
Drawing and Painting	28/04/2026	Tues	6.00pm - 8.00pm	
Jewellery Making	28/04/2026	Tues	6.00pm - 8.00pm	
Photography	30/04/2026	Thur	6.00pm - 8.00pm	
Sewing	30/04/2026	Thur	5.00pm - 7.00pm	
Sewing	30/04/2026	Thur	7.00pm - 9.00pm	

Full Cost Price: £180*

DIGITAL SKILLS ▶ Duration: 12 weeks

Course Title	Start Date	Day(s)	Time(s)	Campus
AI in the Digital Sector	19/01/2026	Mon	1.15pm - 3.45pm	KC
AI in the Digital Sector	23/01/2026	Fri	1.15pm - 3.45pm	SC

Full Cost Price: £180*



Dan and Jess
Ceramics

After getting married, we were missing all the crafty wedding prep and were looking for a hands-on creative fix! We loved the course - especially seeing our creations after they had been fired and glazed. It was the perfect balance of fun and challenge with great support from the tutor and technicians. We genuinely looked forward to the class each week, and it sparked our interest in learning something new!

KEY: _____

* This course may be free or partly funded dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

CONSTRUCTION

► Duration: 3 weeks

Course Title	Start Date	Day(s)	Time(s)	Campus
Plastering Skills	27/01/2026	Tues	6.00pm - 9.00pm	ST
Joinery Skills	24/02/2026	Tues	6.00pm - 9.00pm	ST
Painting and Decorating Skills	24/02/2026	Tues	6.00pm - 9.00pm	ST
Plumbing Skills	24/02/2026	Tues	6.00pm - 9.00pm	GE
Bricklaying Skills	03/03/2026	Tues	6.00pm - 9.00pm	ST
Electrical Installation Skills	03/03/2026	Tues	6.00pm - 9.00pm	ST

Full Cost Price: £100*



Electrical Installation Workshop: ST

ENGINEERING

► Duration: 2 weeks

Course Title	Start Date	Day(s)	Time(s)	Campus
Metal Inert Gas Welding Skills	02/12/2025	Tues	9.00am - 12.00pm	IA
Metal Inert Gas Welding Skills	04/12/2025	Thur	6.00pm - 9.00pm	ST

Full Cost Price: £100*



Plumbing and Heating Workshop: GE

PROGRESSION OPTION | Level 1 Award in Introductory Metal Inert Gas Welding Skills

After completing the two-week short course, you will have the option to progress onto this Level 1 Award!

► Duration: 10 weeks

Start Date	Day(s)	Time(s)	Campus
16/12/2025	Tues	9.00am - 12.00pm	IA
18/12/2025	Thur	6.00pm - 9.00pm	ST

Full Cost Price: £576*



Welding Bays: IA

BEAUTY AND HAIRDRESSING

► Duration: 16 weeks

Course Title	Start Date	Day(s)	Time(s)	Campus
Level 1 Award Introduction to Beauty Therapy	19/01/2026	Mon	9.15am - 12.15pm	KC
Level 1 Award Introduction to Beauty Therapy	23/01/2026	Fri	1.00pm - 4.00pm	SC
Level 1 Award Introduction to Makeup	20/01/2026	Tues	9.15am - 12.15pm	KC
Level 1 Award Introduction to Makeup	22/01/2026	Thur	1.00pm - 4.00pm	SC
Level 1 Award Introduction to Nail Treatments	20/01/2026	Tues	1.00pm - 4.00pm	SC
Level 1 Award Introduction to Nail Treatments	23/01/2026	Fri	1.00pm - 4.00pm	KC
Level 1 Award Introduction to Styling Women's Hair	21/01/2026	Weds	1.00pm - 4.00pm	KC
Level 1 Award Introduction to Styling Women's Hair	23/01/2026	Fri	9.15am - 12.15pm	SC

Full Cost Price: £518*



Hairdressing Salon: KC

FLORISTRY

► Duration: 1 evening

Course Title	Start Date	Day(s)	Time(s)	Campus
Bespoke Christmas Arrangements	02/12/2025	Tues	6.00pm - 9.00pm	KC
Bespoke Christmas Arrangements	04/12/2025	Thur	6.00pm - 9.00pm	SC
Christmas Table Centres	09/12/2025	Tues	6.00pm - 9.00pm	KC
Christmas Table Centres	11/12/2025	Thur	6.00pm - 9.00pm	SC
Mother's Day Flowers	10/03/2026	Tues	6.00pm - 9.00pm	KC
Mother's Day Flowers	12/03/2026	Thur	6.00pm - 9.00pm	SC
Easter Wreaths	26/03/2026	Thur	6.00pm - 9.00pm	SC

Full Cost Price: £40



The Flower Studio: SC



Colours Restaurant: SC

Our Floristry and Colours Cookery short courses are not funded. The full cost price will apply.

COLOURS COOKERY

► Duration: 4 weeks

Course Title	Start Date	Day(s)	Time(s)	Campus
A Taste of Italy	15/01/2026	Thur	6.00pm - 9.00pm	KC
Healthy Food for Special Diets	13/01/2026	Tues	6.00pm - 9.00pm	KC
Healthy Food for Special Diets	15/01/2026	Thur	6.00pm - 9.00pm	SC
A Taste of France	10/02/2026	Tues	6.00pm - 9.00pm	SC
A Taste of France	12/02/2026	Thur	6.00pm - 9.00pm	KC
Delicious Desserts	10/02/2026	Tues	6.00pm - 9.00pm	KC
Delicious Desserts	12/02/2026	Thur	6.00pm - 9.00pm	SC
A Taste of the Americas	17/03/2026	Tues	6.00pm - 9.00pm	SC
A Taste of the Americas	19/03/2026	Thur	6.00pm - 9.00pm	KC
A Taste of Mexico	17/03/2026	Tues	6.00pm - 9.00pm	KC
A Taste of Mexico	19/03/2026	Thur	6.00pm - 9.00pm	SC
A Taste of Southeast Asia	28/04/2026	Tues	6.00pm - 9.00pm	SC
A Taste of Southeast Asia	30/04/2026	Thur	6.00pm - 9.00pm	KC
Pastry and Biscuits	28/04/2026	Tues	6.00pm - 9.00pm	KC
Pastry and Biscuits	30/04/2026	Thur	6.00pm - 9.00pm	SC

Full Cost Price: £130

KEY:

* This course may be free or partly funded dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

SC St Helens Town Centre Campus **KC** Knowsley Main Campus



Interested in learning the skills to groom your own dog?

Take a look at our courses on page 15.

CATERING

► Duration: 1 day

Level 2 Award in Food Hygiene

Start Dates	Day(s)	Time(s)	Campus
05/12/2025 30/01/2026 27/03/2026	Fri	9.30am - 4.00pm	SC

Full Cost Price: £59*

Skills for Work and Life

Gain essential skills to become work ready and to improve your daily life and wellbeing!

From helping your children with their homework and managing your household budget, to progressing in your career or education, our courses can help you whatever your goals.

ENGLISH AND MATHS

Course Title	Duration
Functional Skills English (Entry Level, Level 1 or Level 2)	20 weeks
Functional Skills Maths (Entry Level or Level 1)	20 weeks
GCSE English	17 weeks
GCSE Maths	17 weeks

Enrol at:

SC St Helens Town Centre Campus **KC** Knowsley Main Campus



Free



Day and Evening Classes



Multiple Start Dates



Supportive Environment



COURSES FOR SPEAKERS OF OTHER LANGUAGES

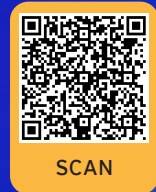
Is English not your first language? Are you living or planning to settle in the UK?

Our courses can help you improve your English and maths, feel more confident and become part of your local community.

They take 20 weeks to complete and are available at different levels.

- English
- Maths
- Digital Skills
- Employability Skills
- Personal and Social Skills

Complete our short form and we'll be in touch with the next steps!



www.sthelens.ac.uk/esol



Dyana

*ESOL and WorkWorld
Digital Skills*

“ When I first arrived in the UK, I knew I needed to improve my English to settle in better and communicate confidently. I started with an ESOL course to build my language skills and later enrolled on a Digital Skills course to develop my computer abilities and connect with more people. My tutors and classmates were so friendly and supportive, which quickly helped me build more confidence in different situations, including job interviews.

I was offered a position as an Expert by Experience in the Refugee Resettlement Service at St Helens Borough Council, helping refugees to access support and services. My goal is to continue my studies to eventually progress on to university. ”



KING'S TRUST TEAM PROGRAMME

Improve your confidence, build your skills, gain work experience, and achieve a nationally recognised qualification!

The 12-week programme is **FREE** to anyone aged 16-25 and aims to help you back into education or employment.

Courses are delivered by Merseyside Fire and Rescue Service from the Bootle, Prescot, and Wallasey Fire Stations on the following dates:

- ✓ **Monday 12th January 2026**
- ✓ **Monday 11th May 2026**

To find out more, please contact:
youthengagementteam@merseyfire.gov.uk 0151 296 6466



**DELIVERY
PARTNER**

WorkWorld

Our WorkWorld Team deliver short courses with start dates throughout the year across our St Helens and Knowsley Campuses.

ACCESS TO EMPLOYMENT

Course Title	Duration
Business Administration (Level 1)	7 days
Customer Service (Level 1)	7 days
Early Years (Level 1)	7 days
Health and Social Care (Level 1)	7 days
Facilities and Cleaning (Level 1)	7 days
Hospitality (Level 1)	7 days
Retail (Level 1)	7 days
Warehousing and Storage (Level 1)	7 days
Health and Safety Awareness (Level 1)	2 days

Where could an Access to Employment course take you...

EARLY YEARS (LEVEL 1)



An additional **40,000** childcare workers will be needed to meet the Government increase in free childcare places. ^

'Do Something Big' and start your journey towards a rewarding career in early years. Progress on to our Level 2 Early Years Practitioner course in September, and become a fully licensed practitioner in just 12 months.

HEALTH AND SOCIAL CARE (LEVEL 1)



Around **25,000** NHS vacancies are advertised every month across more than 350 different careers. †

A role in healthcare makes a difference to people's lives every day. Our links with Mersey and West Lancashire Teaching Hospitals NHS Trust means that placements may be available to complete alongside the course!

WAREHOUSING (LEVEL 1)



Logistics and Warehousing is a growing sector in the Northwest, with organisations such as B&M, Amazon and DHL operating large-scale warehousing and distribution facilities in the region.

Learn how to work safely and efficiently in a warehousing role, and take the first step to a career in an industry with a range of opportunities!

KEY:

† NHS Health Careers Website ^ UK Parliament Website



DIGITAL SKILLS

Improve your digital skills for daily life, work, or further study, no matter your starting level! We offer courses from entry level to level 2, covering a range of topics including:

- Using computers and devices
- Understanding software and applications
- Understanding operating systems
- Utilising various file types
- Communicating in different contexts
- Online transactions
- Cyber security



WELLBEING

Our range of personal development courses from entry level to level 1 can help you develop your power skills and reach your goals:

- Improve your wellbeing
- Understand mental health
- Build your confidence
- Enhance your personal and social skills

REASONS TO STUDY WITH WORKWORLD



Courses are **FREE** for eligible students.



Many courses are nationally accredited to enhance your CV.



Learn in an informal, relaxed atmosphere.



Study multiple courses as a package of qualifications, tailored to meet your individual needs and aspirations.



Support from our friendly, experienced tutors to help you to achieve your goals.

Interested in a course?

Complete our short enquiry form and we'll be in touch with the next steps!



www.sthelens.ac.uk/ww

Career Growth and Development

Advance your career, develop new skills, or begin an exciting new journey with a professional course!

ACCESS TO HIGHER EDUCATION

WANT TO STUDY A DEGREE BUT DON'T HAVE THE ENTRY QUALIFICATIONS?



Our one-year Access to HE Diplomas start in September and are designed to help you gain the skills and qualifications you need to progress on to a university-level course.

We offer a number of pathways including:

- Art and Design
- Computing
- Health Professions
- Humanities
- Psychology

Apply online now to start September 2026!

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Pre-Access Skills for Further Study	25/02/2026	Weds	9.30am - 1.15pm	15 weeks	£201	✓	✗	SC

This course is a great stepping stone to an Access to HE Diploma and will help you build the skills and knowledge for the next level of study.

STUDY NOW, PAY LATER.

19+ Advanced Learner Loan

An Advanced Learner Loan can cover the fees for an Access to HE course. If you then successfully complete a degree, you don't have to repay the outstanding loan for the Access to HE course.

See page 3 for more information.

KEY:

* This course may be free dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

19+ Advanced Learner Loan Hybrid Learning **SC** St Helens Town Centre Campus **KC** Knowsley Main Campus [^]AAT Salary Survey 2023

ACCOUNTING

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 2 AAT Certificate in Accounting	20/01/2026	Tues & Thur	6.00pm - 9.00pm	1 year	£765	✓	✗	SC
Level 2 AAT Certificate in Accounting	22/01/2026	Thur	9.30am - 4.30pm	1 year	£765	✓	✗	SC
Level 3 AAT Diploma in Accounting	25/02/2026	Weds & Thur	6.00pm - 9.00pm	1 year	£2,573	✓	19+	KC



Hybrid Learning

Mixture of online and face-to-face classes.



The Association of Accounting Technicians (AAT) is the world's leading professional body for accounting technicians.



aat Accountants for the real world

83% of members who completed an AAT Accounting qualification saw an increase in their earning potential. ^

BEAUTY THERAPY

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 4 Certificate in Skin Needling	19/01/2026	Mon	4.30pm - 7.30pm	18 weeks	£941	✗	✗	SC
Level 4 Certificate in Skin Peeling	19/01/2026	Mon	1.00pm - 4.00pm	18 weeks	£941	✗	✗	SC



Taz







Pre-Access Skills for Further Study



“After a 15-year break from education, I enrolled on the Pre-Access course, alongside GCSE English and Maths, to begin my journey toward university-level study. Having struggled academically at school, I wasn't sure what to expect but the tutors exceeded every expectation. Their encouragement, dedication, and belief in me helped me find confidence I didn't know I had.

The course equipped me with the essential academic skills needed for higher education, from structuring assignments to managing my time effectively. It also opened my eyes to a range of career possibilities and degree pathways. That's when I discovered my passion for criminal justice. I progressed to the Access to HE Humanities course and from there, I chose to study Criminal Justice at University Centre St Helens, drawn by its smaller, more supportive class environment. Now, I'm working toward a career in policing, with the ultimate ambition of becoming a detective.”

BUSINESS AND MANAGEMENT

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 2 ILM Award in Leadership and Team Skills	12/01/2026	Mon	9.30am - 12.45pm	2 weeks	£43	✓	✗	SC
Level 3 ILM Diploma in Leadership and Management	26/01/2026	Mon	10.00am - 3.00pm	16 weeks	£634	✓	✗	SC
Level 2 Certificate in Climate Change and Environmental Awareness	 Hybrid Learning - Start anytime throughout the year and complete the course online with full tutor support, including face-to-face drop-in sessions.			26 weeks	£362	✓	✗	
Level 2 Certificate in Customer Service					£540	✓	✗	
Level 2 Certificate in Equality and Diversity					£540	✓	✗	
Level 2 Certificate in Information, Advice or Guidance					£342	✓	✗	
Level 2 Certificate in the Principles of Team Leading					£362	✓	✗	

ilm

Institute of
Leadership and
Management (ILM)



ILM qualifies
70,000

leaders and
managers each
year, helping them
to develop the
critical skills to
succeed in their
careers. †



GREEN SKILLS TRAINING


We specialise in upskilling industry professionals and training future engineers in green technologies at our state-of-the-art campuses.

STEM Centre Campus:

- Level 3 Award in Small Scale Solar Photovoltaic Systems
- Level 3 Award in Electric Vehicle Charging Installations
- Level 3 Award in Understanding Domestic Retrofit

Green Energy Skills Centre:

- Level 3 Award in Air Source Heat Pump Systems



 Funding may be available.

Find out more and
register your interest!





www.sthelens.ac.uk/green

COUNSELLING

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Certificate in Counselling Skills	 Hybrid Learning - Start anytime throughout the year and complete the course online with full tutor support, including face-to-face drop-in sessions.			26 weeks	£360	✓	✗	

DIGITAL AND IT

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Certificate in Principles of Cyber Security	19/01/2026	 Hybrid Learning - Complete online with full tutor support and one face-to-face session each month.		20 weeks	£924	✓	✗	
Level 2 Certificate in Understanding Coding	19/01/2026		20 weeks	£1,302	✓	✗	SC KC	



The digital sector is set to grow by more than **10%** in the Liverpool City Region between 2023 and 2028, creating even more business and employment opportunities. ^



DOG GROOMING

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Preliminary Dog Grooming	08/01/2026	Thur	9.00am - 4.00pm	6 weeks	£650	✗	✗	ST
Advanced Dog Grooming	05/03/2026	Thur	9.00am - 4.00pm	6 weeks	£650	✗	✗	ST
Preliminary Dog Grooming	07/05/2026	Thur	9.00am - 4.00pm	6 weeks	£650	✗	✗	ST

KEY:

* This course may be free dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

SC St Helens Town Centre Campus **KC** Knowsley Main Campus **ST** St Helens STEM Centre Campus † ILM Website ^ Oxford Economics Data 2023

WHY CHOOSE US...



Flexible Study Options



Accredited Courses













Funding Options



Progression Opportunities

 Hybrid Learning

EARLY YEARS

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Certificate in Understanding Common Childhood Illnesses			Hybrid Learning - Start anytime throughout the year and complete the course online with full tutor support, including face-to-face drop-in sessions.	26 weeks	£360	✓	✗	
Level 2 Certificate in Understanding Children and Young People's Mental Health				26 weeks	£405	✓	✗	
Level 3 Diploma for the Early Years Workforce (Early Years Educator)			Work-Based Learning - These courses have flexible start dates and are delivered and assessed in the workplace. You will need to be in paid employment or have a volunteer placement within an appropriate workplace for your chosen course.	1 year	£2,882	✓		
Level 4 Certificate for the Early Years Advanced Practitioner				1 year	£811	✗		
Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services				2 years	£2,882	✗		

RAIL ENGINEERING

Our **FREE*** 8-week course will provide you with the qualifications, skills and practical experience to work as a rail track operative.

On successful completion of the course, you will be sponsored by a rail employer, who may offer employment.

The course starts on the following dates at our STEM Centre Campus **ST** :

- Monday 26th January 2026
- Monday 11th May 2026
- Tuesday 7th April 2026
- Monday 15th June 2026

Interested?
Find out more and
apply online!



www.sthelens.ac.uk/rail



FLORISTRY

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Certificate in Floristry	19/01/2026	Mon & Thur	9.30am - 4.30pm	18 weeks	£495	✓	✗	SC
Level 2 Certificate in Floristry	19/01/2026	Mon & Tues	9.30am - 4.30pm	18 weeks	£495	✓	✗	KC
Level 2 Diploma in Floristry (Top-up)	19/01/2026	Mon & Thur	9.30am - 4.30pm	18 weeks	£1,155	✓	✗	SC
Level 2 Diploma in Floristry (Top-up)	19/01/2026	Mon & Tues	9.30am - 4.30pm	18 weeks	£1,155	✓	✗	KC

HEALTH AND SOCIAL CARE



Hybrid Learning - Start anytime throughout the year and complete the course online with full tutor support, including face-to-face drop-in sessions.

Course Title	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Certificate in Awareness of Mental Health Problems	26 weeks	£480	✓	✗	
Level 2 Certificate in Preparing to Work in Adult Social Care	26 weeks	£537	✓	✗	
Level 2 Certificate in Principles of Care Planning	26 weeks	£465	✓	✗	
Level 2 Certificate in Principles of Dementia Care	26 weeks	£369	✓	✗	
Level 2 Certificate in Principles of End of Life Care	26 weeks	£405	✓	✗	
Level 2 Certificate in Principles of Working with Individuals with Learning Disabilities	26 weeks	£858	✓	✗	
Level 2 Certificate in Understanding Autism	26 weeks	£456	✓	✗	
Level 2 Certificate in Understanding Behaviour that Challenges	26 weeks	£390	✓	✗	

KEY:

* This course may be free dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

19+ Advanced Learner Loan Hybrid Learning **W** Work-based Learning **SC** St Helens Town Centre Campus **KC** Knowsley Main Campus

HEALTH AND SOCIAL CARE



Hybrid Learning - Start anytime throughout the year and complete the course online with full tutor support, including face-to-face drop-in sessions.

Course Title	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Certificate in Understanding Cancer Support	26 weeks	£362	✓	X	
Level 2 Certificate in Understanding the Care and Management of Diabetes	26 weeks	£315	✓	X	
Level 2 Certificate in Understanding Common Childhood Illnesses	26 weeks	£360	✓	X	
Level 2 Certificate in Understanding Children and Young People's Mental Health	26 weeks	£405	✓	X	
Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace	26 weeks	£360	✓	X	
Level 2 Certificate in Understanding Nutrition and Health	26 weeks	£378	✓	X	
Level 2 Certificate in Understanding Safeguarding and Prevent	26 weeks	£362	✓	X	
Level 2 Certificate in Understanding Specific Learning Difficulties	26 weeks	£387	✓	X	
Level 3 Certificate in Preparing to Work in Adult Social Care	36 weeks	£811	✓	19+	
Level 3 Certificate in the Principles of Dementia Care	36 weeks	£811	X	19+	
Level 3 Certificate in the Principles of End of Life Care	36 weeks	£811	X	19+	
Level 3 Certificate in Understanding Autism	36 weeks	£811	X	19+	
Level 3 Certificate in Understanding the Care and Management of Diabetes	36 weeks	£811	X	19+	
Level 3 Certificate in Understanding Mental Health	36 weeks	£811	✓	19+	

KEY:

* This course may be free dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

19+ Advanced Learner Loan Hybrid Learning **W** Work-based Learning **KC** Knowsley Main Campus



Samantha

Level 2 Mental Health Awareness

“The course was really informative, easy to access and fitted in around a busy family life. I progressed on to a level 3 mental health course, went on to become a Mental Health Support Worker in a hospital and I am now studying for a degree. If it wasn't for this online course, I wouldn't be where I am now.”

HEALTH AND SOCIAL CARE

W Work-Based Learning - These courses have flexible start dates and are delivered and assessed in the workplace. You will need to be in paid employment or have a volunteer placement within an appropriate workplace for your chosen course.

Course Title	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Diploma in Care	1 year	£921	✓	✗	W
Level 3 Diploma in Adult Care	1 year	£2,882	✓	19+	W
Level 3 Diploma for Residential Childcare	1 year	£3,355	✓	✗	W
Level 4 Diploma in Adult Care	1 year	£2,882	✗	19+	W
Level 5 Diploma in Leadership and Management for Adult Care	2 years	£4,670	✗	19+	W
Level 5 Diploma in Leadership and Management for Residential Childcare	2 years	£2,882	✗	19+	W

SPORT AND FITNESS

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Certificate in Gym Instructing	26/02/2026	Thur	6.00pm - 9.00pm	18 weeks	£790	✗	✗	KC

CAREERS ADVICE AND GUIDANCE

Your future is important to us!

We have an experienced Careers Team who can help you plan your next steps and provide support across a range of areas:

- Career Options
- Courses and Further Training
- Job or Apprenticeship Applications
- CV Writing or Personal Statements
- UCAS Applications

Find out more



www.sthelens.ac.uk/careers-advice



TEACHING AND EDUCATION

Course Title	Start Date	Day(s)	Time(s)	Duration	Fee	Funding*	Loans Available	Campus
Level 2 Certificate in Supporting Teaching and Learning	23/02/2026	Mon	9.30am - 3.00pm	1 year	£675	✓	✗	KC
Level 2 Certificate in Supporting Teaching and Learning	W Work-Based Learning - These courses have flexible start dates and are delivered and assessed in the workplace. You will need to be in paid employment or have a volunteer placement within an appropriate workplace for your chosen course.			1 year	£675	✓	✗	W
Level 3 Diploma in Supporting Teaching and Learning				1 year	£2,25	✓	19+	W
Level 4 Certificate for the Advanced Practitioner in Schools and Colleges				1 year	£811	✗	19+	W

DISCLAIMER

Course/tuition fees advertised reflect the total cost. This excludes fees where 'per year' is stipulated. Additional course costs including, for example, exam and/or membership fees, may also apply. These course listings were accurate and correct at the time of publication in October 2025. However, slight variations may occur.

St Helens College, Knowsley Community College and University Centre St Helens reserves the right to amend, withdraw and add courses in the future. This guide cannot be considered contractual and advertised prices and funding are subject to change.



METROMAYOR
LIVERPOOL CITY REGION

**BE MORE
SKILLED**

Some programmes may be funded by the Liverpool City Region Combined Authority's Adult Education Budget, subject to eligibility checks.

KEY:

* This course may be free dependent on your personal circumstances and eligibility, subject to a fee assessment during the enrolment process.

19+ Advanced Learner Loan **W** Work-based Learning **KC** Knowsley Main Campus

WORK WITH US
Start your
career today!



We have a range of vacancies across teaching, business support and operational roles with a fantastic staff benefits package.



www.sthelens.ac.uk/work



University Centre
St Helens

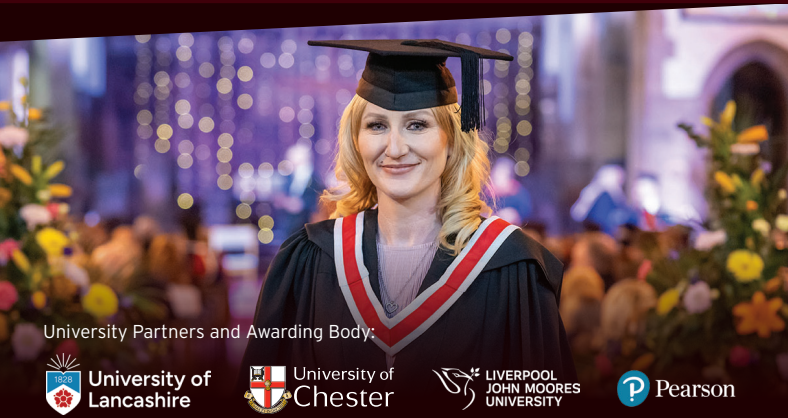
STUDY A DEGREE ON YOUR DOORSTEP!

Smaller Class Sizes | Lower Tuition Fees | Fantastic Facilities | Industry Expert Lecturers

We may be small compared to universities across the Northwest, but this is what makes us unique and able to provide a great community of ambitious and talented individuals!

We offer a range of HNCs, HNDs, Foundation Degrees and Honours Degrees:

- Applied Microbiology
- Criminal Justice
- Digital Technologies
- Game Art
- Early Years
- Engineering
- Fine Art Painting
- Game Art
- Graphic Design
- Leadership and Management
- Media Production
- Sport and Exercise Science
- Theatre and Performance
- Tourism and Hospitality Management



University Partners and Awarding Body:



University of
Lancashire



University of
Chester



REASONS TO STUDY AT UNIVERSITY CENTRE ST HELENS

1 Lower Tuition Fees

Our tuition fees are lower than most universities, which means you can make a real saving by not having to relocate or travel long distances.



2 Heart of the Northwest

We are situated in a great town centre location, which can offer a city-centre lifestyle with Liverpool and Manchester just a short train journey away.

3 University Partners

Our qualifications are validated and approved by our university partners, giving you access to their facilities and services as well as ours.



4 Smaller Class Sizes

Benefit from a friendly, supportive learning environment with regular contact with your dedicated lecturer.

Find out more:



5 Experienced Lecturers

Our inspirational and experienced lecturers are passionate about their subjects and sharing their industry links with you.

sthelens.ac.uk/ucsh26

Advance Your Career With An Apprenticeship

Are you looking for a career change, or are you already employed and wanting to develop your skills and knowledge?

We offer apprenticeships from level 2 intermediate through to level 7 postgraduate across a wide range of industries:

- Animal Care
- Business & Professional
- Computing & IT
- Construction
- Early Years & Education
- Engineering
- Healthcare
- Heavy Goods Vehicle
- Science
- Warehousing

Benefits of an apprenticeship:

- ✓ No learning costs, debt, or student finance.
- ✓ Achieve a nationally recognised qualification.
- ✓ Receive employee benefits such as a pension and annual leave.
- ✓ Develop skills, knowledge and experience aligned to the next step in your career.

Find out more!



www.sthelens.ac.uk/apps



Robert

Level 3 Machining Technician Apprentice at Sanko Gosei



“After working as a Production Operator since I was 18, my employer gave me the opportunity to upskill to an Apprentice Toolmaker. The apprenticeship has benefitted me massively.

Not only have I developed many new skills, it has given me the pleasure of having a great career path. The combination of hands-on work and problem-solving is what I enjoy most about my work. It's never too late to start an apprenticeship, whatever your age! ”

Are You An Employer?

We can provide expert training and skills solutions to help your business thrive.

Specialising in technical qualifications and apprenticeships across an extensive curriculum, our College is one of the largest education providers in the Northwest, working with over 500 businesses across the Liverpool City Region and surrounding areas.

Apprenticeships

We offer apprenticeships across a range of levels, industries and job roles which can be delivered flexibly, based on your business requirements.

Bespoke Training

Shaped to meet your specific business needs, we can design training which can be delivered flexibly in the workplace, remotely, or at one of our campuses.

Our experienced Business Development Team work closely with you to identify your training and skills needs, offering these **free services**:

- ✓ Dedicated account management
- ✓ Training needs analysis
- ✓ Recruitment and matching service
- ✓ Funding guidance and processes

Download our
Employer Guide!



www.sthelens.ac.uk/guide

Contact us to find out more:

01744 623521 | businessunit@sthelens.ac.uk | www.sthelens.ac.uk/employers

How to Enrol

STEP ONE: APPLY ONLINE

Visit our website and apply for your chosen course:

St Helens College



www.sthelens.ac.uk/adults-enrol

Knowsley Community College



www.knowsleycollege.ac.uk/adults-enrol

STEP TWO:

**Book on to our upcoming
Enrolment Event!**

**WEDNESDAY 14 JANUARY
4PM - 7PM**

WHERE SHOULD I ENROL?

- For all courses delivered at **KC** **IA** enrol at: Knowsley Main Campus, Stockbridge Lane, Huyton, Liverpool L36 3SD.
- For all courses delivered at **SC** enrol at: St Helens Town Centre Campus, Water Street, St Helens WA10 1PP.
- For all courses delivered at **ST** **GE** enrol at: The STEM Centre, Pocket Nook Street, St Helens WA9 1TT.



St Helens College

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/sthelenscollege



info@knowsleycollege.ac.uk | 0151 477 5850



/knowsleycollege